

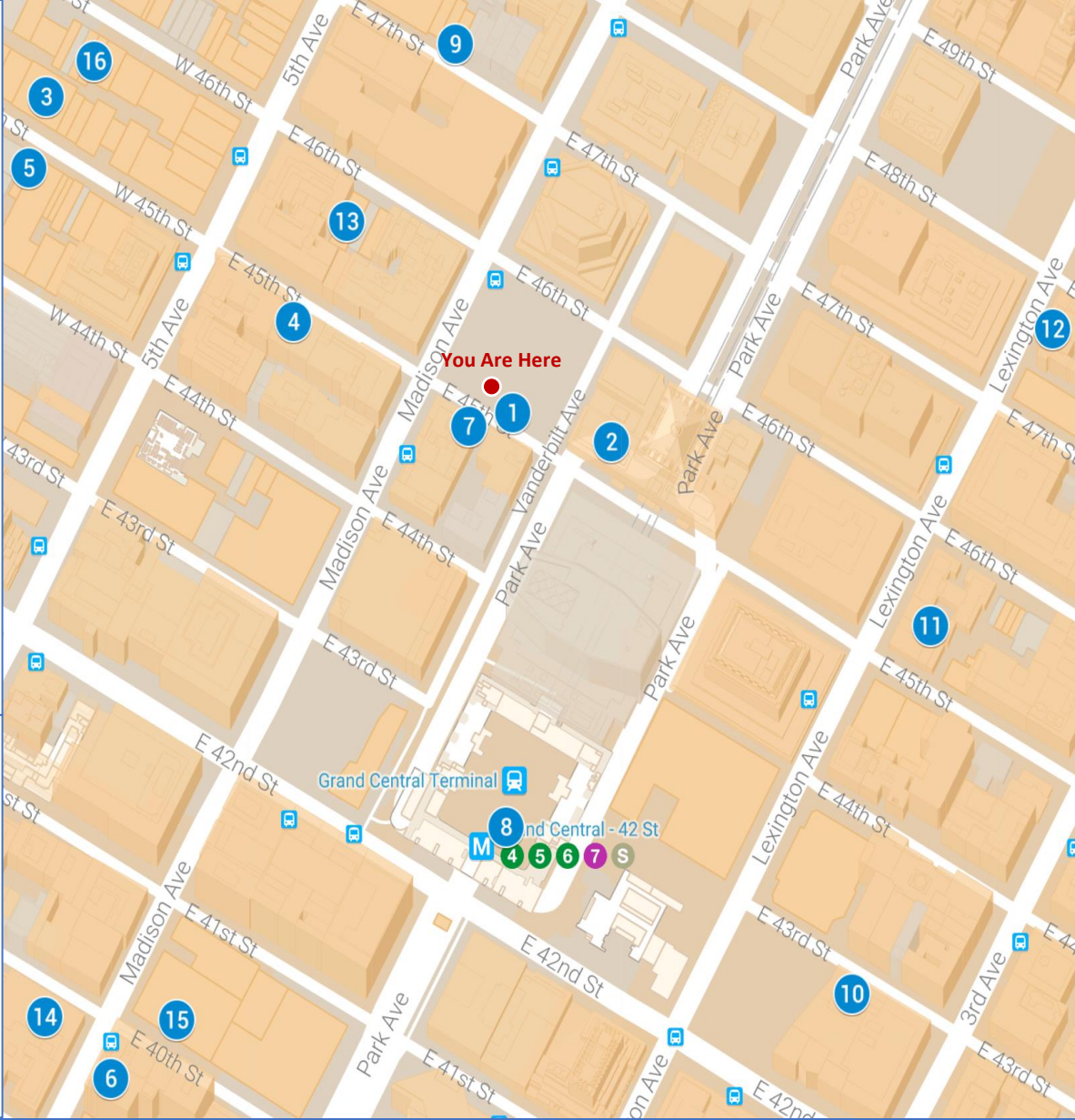
Quick Bites

- 1. **Chickpea** \$  
45 E 45<sup>th</sup> St  
Middle Eastern chain with traditional & vegan platters, wraps and salads.
- 2. **Urbanspace Vanderbilt** \$\$  
E 45<sup>th</sup> St & Vanderbilt Ave  
Large Food court with chef-driven food concepts. A foodie's haven.
- 3. **Chipotle** \$  
25 W 45<sup>th</sup> St  
Fast-food Mexican chain.
- 4. **Dishes** \$\$  
6 E 45<sup>th</sup> St  
High-end deli with soups, salads & sandwiches for breakfast or lunch.
- 5. **X'ian Famous Foods** \$  
24 W 45<sup>th</sup> St  
A popular NYC joint known for spicy hand-pulled noodles and the "lamb burger".
- 6. **Dig Inn** \$  
275 Madison Ave  
Made-to-order bowls.
- 7. **Cosi** \$  
38 E 45<sup>th</sup> St  
Sandwiches and salads.

- 8. **Great Northern Food Hall** \$\$  
Grand Central Station, main level by 42<sup>nd</sup> St  
An upscale food court with a hodgepodge of Scandanavian eats.
- 9. **Katsu-Hama** \$\$  
43-45 W 55<sup>th</sup> St  
Japanese comfort food specializing in deep-fried pork-cutlet.
- 10. **Roti Mediterranean Grill** \$  
142 E 43<sup>rd</sup> St  
Mediterranean eatery serving pita sandwiches & build-your-own salads.
- 11. **Dos Toros Taqueria** \$  
119 W 40<sup>th</sup> St  
Mexican fast-food, bowls, salads, burritos.

Coffee

- 15. **Starbucks**  
511 Lexington Ave
- 16. **Dunkin Donuts**  
6 E 46<sup>th</sup> St
- 17. **Gregory's Coffee**  
20 E 40<sup>th</sup> St
- 18. **Gotan** 20 W 46<sup>th</sup> St
- 19. **Taylor St Baristas**  
21 E 40<sup>th</sup> St



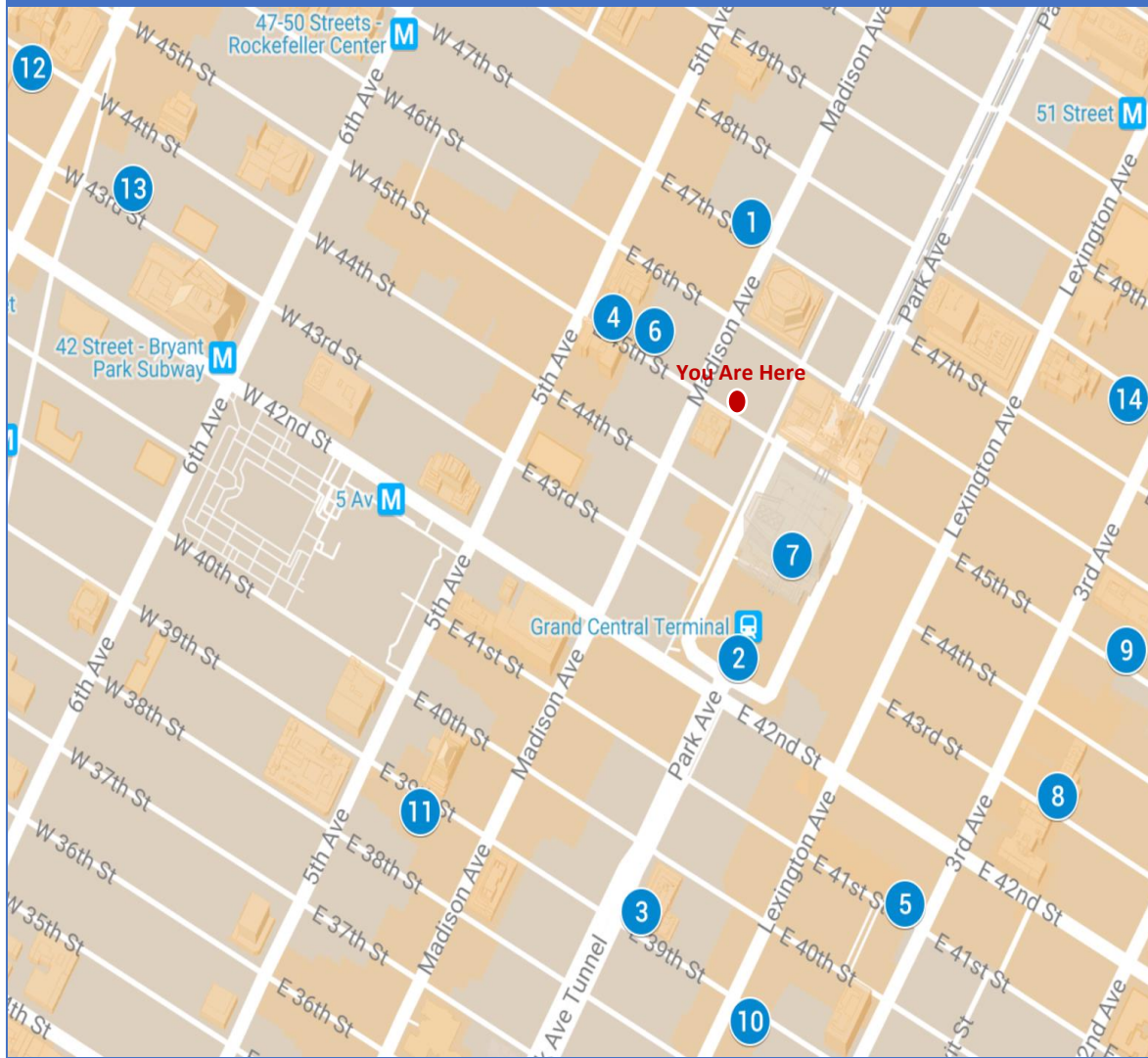
XV International Congress of the  
Intestinal Rehabilitation & Transplant Association  
JUNE 28 - JULY 1  NEW YORK, NY, USA



**Sit-Down Lunch / Dinner**  
(Reservations recommended)

- 1. Maggie's Place** \$\$  
21 E 47<sup>th</sup> St  
Irish pub-like eatery.
- 2. Grand Central Oyster Bar & Restaurant** \$\$  
Iconic NY classic tucked in the lower level of Grand Central Station.
- 3. Park Avenue Tavern** \$\$  
99 Park Ave  
Upscale bar with hearty American eats.
- 4. Tommy Bahama** \$\$\$  
551 5<sup>th</sup> Ave  
Upscale seafood restaurant.
- 5. Sinigual** \$\$  
640 3<sup>rd</sup> Ave  
Contemporary Mexican restaurant & bar.
- 6. Eamonn's Bar & Grill** \$\$  
9 E 45<sup>th</sup> St  
Irish bar with traditional pub dining.
- 7. Soba Totto** \$\$  
211 E 43<sup>rd</sup> St A  
Kyoto-style handmade soba & yakitori.

- 8. La Fonda Del Sol** \$\$\$  
200 Park Ave (in MetLife building)  
Upscale tapas & Spanish plates
- 9. Aburiya Kinnosuke** \$\$\$  
213 E 45<sup>th</sup> St  
Japanese izakaya eatery where the emphasis is on robata grilling & sake drinking.
- 10. Sam's Place** \$\$  
132 E 39<sup>th</sup> St  
Refined Italian menu.
- 11. Norikoh** \$\$  
10 E 39<sup>th</sup> St  
Bar/eatery serving sushi along with Japanese izakaya & Pan-Asian dishes.
- 12. Carmine's** \$\$  
200 W 44<sup>th</sup> St  
Family-style Italian, a NYC must-try. Good for groups.
- 13. Tony's Di Napoli** \$\$  
147 W 43<sup>rd</sup> St  
Family-style Italian, rivaling Carmine's. Good for groups.
- 14. The Sea Fire Grill** \$\$\$  
158 E 48<sup>th</sup> St  
American modern seafood and steak.



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